Health Bulletin on Novel Corona Virus (COVID-19)

Uttarakhand

Govt. of Uttarakhand

Status as on 5:00 PM, 05/04/2020

1. Number of COVID-19 positive cases detected today : 04

2. Total Number of COVID-19 positive cases detected till date : 26

3. Total number of cases treated and discharged till date : 04

4. Number of samples found negative for COVID-19 today : 144

5. Total number of samples sent for COVID-19 testing : 983

6. Total number of samples found negative : 868

7. Total number of samples result awaited : 89

8. Total Number of person in Hospital isolation : 184

9. Total Number of person in quarantine (Home & Institutional) : 15217

10. Calls received on 104 Helpline/ State Control Room: 541

11. Number of follow up calls made: 955

Sample Testing Status

Sr.No.	District	Number of Sample sent		Negative		Positive		Awaited
		05.04.2020	Cumulative	05.04.2020	Cumulative	05.04.2020	Cumulative	
1	Almora	0	19	3	18	0	0	1
2	Bageshwar	1	5	0	4	0	0	1
3	Chamoli	0	6	0	4	0	0	2
4	Champawat	2	13	10	11	0	0	2
5	Dehradun	23	425	46	396	3	14	15
6	Haridwar	17	164	16	146	0	1	17
7	Nainital	27	166	38	160	1	6	0
8	Pauri	15	62	6	34	0	1	27
9	Pithoragarh	0	10	4	10	0	0	0
10	Rudraprayag	0	9	2	9	0	0	0
11	Tehri	2	6	1	4	0	0	2
12	U.S.Nagar	14	74	18	53	0	4	17
13	Uttarkashi	0	24	0	19	0	0	5
	Total	**101**	**983**	**144**	**868**	**4**	**26**	**89**

State Control Room, Integrated Disease Surveillance Programme
Directorate of Health Services, Uttarakhand, Dehradun
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Situation Update, Uttarakhand: 05/04/2020

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease.

A total of 983 samples have been collected for COVID-19 testing till date. Result of 894 samples received, 868 are negative and 26 are positive. Result of 89 samples is awaited.

Isolation and Institutional Quarantine facilities are operational in all districts.

Public Health Action taken:

- To fight against COVID-19, orders are issued that all medical students who have passed final year exam in March 2020 will commence their internship immediately.
- Government has notified helpline number to provide psychological support to the people suffering from mental stress due to pandemic situation/lockdown.
- State's 2nd COVID-19 testing centre has been made functional in AIIMS Rishikesh.
- Screening of **Tablighi Jamat followers** is continued.
- Ayurveda's immunity boosting measures for self care during COVID-19 crisis disseminated for awareness.
- Regular messages on **Do's & Don'ts** during lock down periodare released for public awareness through print, electronic and social media. FM Radio and Community Radio are widely used.
- Uttarakhand government launched a Mobile App "Uttarakhand COVID-19 Tracking System" as a platform for people to report and self declare, if they are suspecting COVID-19 signs and symptoms. The link of App is *https://play.google.com/store/apps/details?id=com.app_release.covid19finalcourse*

APPEAL :

Department of Health and Family Welfare, Uttrakhand appeals to all citizens of the state to follow the advisory for **lockdown**. All persons who have been advised quarantine (Contacts of Positive cases and people who have come from foreign travel) have to observe mandatory home quarantine as instructed by authorities. They may stay in separate room and not venture outside their house. If a person found/reported to be not following home quarantine as guideline, he/she will be put under institutional/facility quarantine. In case of any health emergency, assistance due to lockdown they may call state control room number 0135-2609500/helpline number 104/District control room numbers (Annexed) for assistance.

Preventive measures:

- Home quarantine of all asymptomatic travellers for next 28 days after returing from COVID-19 affected countries.
- Travellers and their families members must ensure strict respiratory and hand hygiene. Cover your face while coughing or sneezing, wash hands frequently and avoid hand shakes.
- Travellers coming to India from COVID-19 affected countries must report to district/block health authorities immediately if they develop any symptoms like fever, cough, cold or difficulty in breathing.
- Indian citizens are advised to refrain from non essential travel to COVID-19 affected countries.
- Hospital isolation of all symptomatic travellers if they have returned from any of COVID-19 affected countries.
- Frequent hand washing specially after touching any body secretions like saliva or nasal secretions.

COVID-19 Control Room Details

State Control Room

e-mail: covid19statewarroomuk@gmail.com
Toll free no.:0135-2609500
Whatsapp no. 9412080544

Haridwar Satellite Control Room (Haridwar, Nainital, Udham singh Nagar)

e-mail: covid.hdr@gmail.com
Toll free no.: 0134-270010
Whatsapp no. 8755292727

Dehradun Satellite Control Room (Rest 10 District)

e-mail: cvd19.uk@gmail.com
Toll free no.: 0135-2751671/2753894
Whatsapp no. 7055300910

District Control Room Number

S.No	District	CMO Control Room Number	DEOC Control Room Number
1	Almora	05962-237875,05962-237874	05962-237875,05962-237874
2	Bageshwar	05963-220197	05963-220197
3	Chamoli	O172-252187	01372-251437
4	Champawat	05965-230312 05965-230943	05965-230819
5	Dehradun	0135-2724506	0135-2724506
6	Haridwar	01334-239920	01334-223999
7	Pauri garhwal	01368-222213	01368-222213,01368-221840
8	Pithoragarh	05964-225142	05964-226326
9	Nainital	05946-281234	05942-281234
10	Tehri Garhwal	01376-232093	01376-232831
11	Rudraprayag	01364-233946	01364-233727
12	U.S. Nagar	05944-246590	05944-250250
13	Uttarkashi	01374-222641	01374-222722, 7310913129