

**Status as on 6:00 PM, 31/03/2020**

1. No. of person in hospital observation: 53
2. No. of person in quarantine (Home & Institutional) : 9650
3. No. of symptomatic person: 38
4. Cumulative number of samples sent for COVID-19 testing : 513
5. Total number of samples found Positive till date : 07
6. Total number of cases treated and discharged till date : 02
7. Total number of samples found negative : 470
8. Total number of samples result awaited : 36
9. Calls received on 104 Helpline/ State Control Room: 1068
10. Number of follow up calls made: 435

Sample Testing Status				
District	Hospital	Number of sample sent today	Number of Report recieved today	
			Negative	Positive
Dehradun	Doon Hospital	4	2	0
	Military Hospital	0	1	0
	IDSP Unit	0	1	0
	AIIMS Rishikesh	7	19	0
	SMI Hospital	5	4	0
	HIHT Hospital	1	0	0
	Max Hospital	1	0	0
Haridwar	Mela Hospital	4	14	0
	Civil Hospital Roorkee	4	9	0
Nainital	Combined Hospital Ramnagar	0	1	0
	GMC Haldwani	2	2	0
Pauri	Base Hospital Kotdwar	6	0	0
Udham Singh Nagar	District Hospital	0	1	0
Uttarkashi	District Hospital	0	6	0
Almora	Base Hospital	1	2	0
Bageshwar	District Hospital	0	1	0
Pithoragarh	CHC Gangolihat	0	0	0
<b>Total</b>		<b>35</b>	<b>63</b>	<b>0</b>

## Situation Update, Uttarakhand : 31/03/2020

WHO has declared the recent Novel Corona Virus (COVID-19) epidemic which affected around 202 countries, areas or territories as International Public Health Emergency Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease.

A total of 513 samples have been collected for COVID-19 testing till date. Result of 477 samples received, 470 are negative and 7 are positive. Result of 36 samples is awaited.

Isolation facilities and Institutional Quarantine have been made operational in all districts and state is geared up to admit any person that needs institutional quarantine.

### **Public Health Action taken:**

- As a part of preparedness to combat COVID-19 pandemic, Government has issued notification for 13 dedicated COVID hospitals.
- To combat COVID-19 pandemic, the state government has recruited and given posting to 201 new doctors.
- An advisory has issued to District Magistrates for identification of **Tableegi Jamat followers** who have been participated in religious function at Nizamuddin (Delhi) from 1<sup>st</sup> to 15<sup>th</sup> March 2020.
- Regular messages on **Do's & Don'ts** during lock down period are released for public awareness through print, electronic and social media. FM Radio and Community Radio are widely used.
- Uttarakhand government launched a Mobile App "Uttarakhand COVID-19 Tracking System" as a platform for people to report and self declare, if they are suspecting COVID-19 signs and symptoms. The link of App is [https://play.google.com/store/apps/details?id=com.app\\_release.covid19finalcourse](https://play.google.com/store/apps/details?id=com.app_release.covid19finalcourse)
- Epidemic disease act has been implemented in the state for COVID-19.
- State Task Force under Chairmanship of Chief Secretary, Govt. of Uttarakhand has been constituted.

### **APPEAL :**

Department of Health and Family Welfare, Uttarakhand appeals to all citizens of the state or foreign guests staying in Uttarakhand to follow the advisory for **lockdown period**. In case of any health emergency, assistance due to lockdown they may call state control room number 0135-2609500/helpline number 104/District control room numbers (Annexed) for assistance.

### **Preventive measures:**

- Home quarantine of all asymptomatic travellers for next 28 days after returning from COVID-19 affected countries.
- Travellers and their families members must ensure strict respiratory and hand hygiene. Cover your face while coughing or sneezing, wash hands frequently and avoid hand shakes.
- Travellers coming to India from COVID-19 affected countries must report to district/block health authorities immediately if they develop any symptoms like fever, cough, cold or difficulty in breathing.
- Indian citizens are advised to refrain from non essential travel to COVID-19 affected countries.
- Hospital isolation of all symptomatic travellers if they have returned from any of COVID-19 affected countries.
- Frequent hand washing specially after touching any body secretions like saliva or nasal secretions.

# **COVID-19 Control Room Details**

## **State Control Room**

e-mail: covid19statewarroomuk@gmail.com

Toll free no.:0135-2609500

Whatsapp no. 9412080544

## **Haridwar Satellite Control Room ( Haridwar, Nainital, Udham Singh Nagar)**

e-mail: covid.hdr@gmail.com

Toll free no.: 0134-270010

Whatsapp no. 8755292727

## **Dehradun Satellite Control Room ( Rest 10 District)**

e-mail: cvd19.uk@gmail.com

Toll free no.: 0135-2751671/2753894

Whatsapp no. 7055300910

<b>District Control Room Number</b>			
<b>S.No</b>	<b>District</b>	<b>CMO Control Room Number</b>	<b>DEOC Control Room Number</b>
1	Almora	05962-237875,05962-237874	05962-237875,05962-237874
2	Bageshwar	05963-220197	05963-220197
3	Chamoli	0172-252187	01372-251437
4	Champawat	05965-230312 05965-230943	05965-230819
5	Dehradun	0135-2724506	0135-2724506
6	Haridwar	01334-223999	01334-223999
7	Pauri garhwal	01368-222213	01368-222213,01368-221840
8	Pithoragarh	05964-225142	05964-226326
9	Nainital	05946-281234	05942-281234
10	Tehri Garhwal	01376-232093	01376-232831
11	Rudraprayag	01364-233946	01367-233727
12	U.S. Nagar	05944-246590	05944-250250
13	Uttarkashi	01374-222641	01374-222722, 7310913129

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Control Room Number: 0135-2609500 / Toll Free 104

E mail Id: idsputtarakhand@gmail.com